



# UNIVERSAL PRECAUTIONS

## To clean up blood or body fluids:



Put on disposable latex gloves, nitrile or household rubber gloves.



Wipe up blood or body fluids with absorbent paper towels. Minimize agitation.



Place contaminated paper towels in a plastic garbage bag.



Sanitize and wash area with detergent and disposable paper towels. Discard towels in plastic garbage bag.



Once dry from washing, wipe the area with a 1:10 dilution of household bleach in water. This concentration can be achieved by mixing 1 ounce of household bleach with 9 ounces of tap water (1:10 dilution).



- Keep area wet with bleach solution for 10 minutes.
- This disinfectant solution will have a shelf life of ONE SHIFT only.
- Do not mix bleach with any other chemicals.



Dispose into the same plastic garbage both the cloths used to wipe up and your gloves, removing gloves last.



Secure bag with knot or tie.



Dispose of plastic garbage bag.



Wash hands thoroughly with soap and water for at least 30 seconds. Rinse under running water. Dry hands.

